

Thursday, June 19, 2014 – morning

8 am – 8:45 am <u>HCCC</u>: Agassiz/Fremont Foyer **Conference Registration, Conference Breakfast**

8:45 am - 10:15 am

HCCC: Agassiz/Fremont

Welcome Opening Speaker – Dr. Jan Gehler, President, Scottsdale Community College

10:25 am – 11:25 am Concurrent Sessions

<u>Drury</u> : O'Leary Room	The Power of Positivity: It's Not Just For Pollyannas Anymore	Kerry Sanderson	People with positive energy are higher performers - and they raise the performance of those around them. They also get promoted earlier, advance more quickly and lead the most successful projects. Learn actionable strategies to unleash your "positivity capital" - your ability to generate energy and promote success.
<u>Drury</u> : Kendrick Room	The Innovative Leader in YOU! Cultivating a Spirit of Creativity and Innovation (for YOU and your team)	Kerri Robinson	INNOVATION 1: the introduction of something new 2: a new idea or method. Innovation in the workplace comes in many different forms. We will identify 5 traits of the innovative leader and how to infuse creativity into our teams to inspire action and motivate for improved performance.
<u>Drury</u> : McMillan Room	Maintaining Balance and Learning from the Fall	Jessica Jones	Are there not enough hours in your day? The week? The semester? Are you stressed out and feel like parts of your life and suffering? Learn ways to evaluate your life balance, identify barriers to change, and how to frame your challenges to affect positive change.

11:35 am – 12:35 pm Concurrent Sessions

<u>Drury</u> : O'Leary Room	CCC2NAU: How Leadership and Passion Can Make a Difference	Karla Phillips	The presenter will share results of a qualitative case study examination of the CCC2NAU program, a successful community college to university transition partnership program. Participants will analyze and discuss these results in terms of their own transition and retention efforts, and how they might improve success rates of their transitioning students.
<u>Drury</u> : Kendrick Room	Yoga as Energy Medicine: How you can become more energized, centered and calm throughout your day using these 10 simples techniques	Omy Keyes	I will be introducing Hatha Yoga concepts, which will facilitate awareness of the body-mind connection. Experiential and practical, these techniques will be learned and a packet of exercises and <i>Pranayama</i> (breathing) techniques will be distributed. Later, practice in the car, in the office or at home, in order to facilitate a more peaceful day.
<u>Drury:</u> McMillan Room	Yes, You Can! Personal Leadership Strategies to Rock Your Career!	Joy D'Angelo, Jennifer Rhodes	Poise yourself for professional opportunities in our interactive, skill- building session to rock your career! "Rev up" your personal empowerment gauge with: 1) Poising for career aspirations; 2) Discovering the "career buzz-kill" that may be holding you back; 3) Connecting with your personal mission; and 4) Drawing inspiration from "Take the Lead" event. Leave with an action plan and pep in your step.

12:45 pm – 2 pm

Agassiz/Fremont

Networking Luncheon

An AWHE Executive Board member will be seated at each table for inspiring and purposeful conversations with conference attendees.



Thursday, June 19, 2014 – afternoon

2 pm – 3 pm

Concurrent Sessions

<u>Drury</u> : O'Leary Room	LawTalks 101: How to Avoid Lawsuits or Reduce Risks Associated with Them	BarbaraKaye Miller	We can become a party to a lawsuit or subjected to legal proceedings from a simple lack of understanding of basic legal concepts. This presentation will train participants to avoid making mistakes that lead to legal liability. Participants will learn how to reduce liability associated with written, verbal, and electronic forms of communication.
<u>Drury</u> : Kendrick Room	Utilizing LinkedIn to Network Your Way to Career Success	Dayna Mathews	Utilizing LinkedIn to Network Your Way to Career Success will teach you nearly everything you need to know about LinkedIn. You will learn about all of its amazing features, recommendations for creating an outstanding profile, strategies to use when forming connections & building meaningful networking relationships, and helpful resources to guide you along the way!
<u>Drury</u> : McMillan Room	The journey of well-being: How to maximize your potential to thrive	Michele Hamm	Well-being is essential to everyone! It seems that the nature of our roles – at home and at work – weakens our well-being. We are presented with a multitude of responsibilities which take a toll on our health and energy. This presentation explores the importance of creating a culture of well- being and provides techniques that will maximize your potential to thrive.

3:10 pm – 4:10 pm Concurrent Sessions

<u>Drury</u> : O'Leary Room	Now What Do I Do? Creating Stable Careers Without Tenure-Eligible Options	Pamela Stewart	Presentation and activities emphasizing four areas of focus: Understanding our individual strengths and priorities; Noticing changes in academic structures and cultures; Being proactive and visible in taking advantage of those changes; and Working to accept that adapting our career path is neither a failure nor of "lesser" value.
<u>Drury</u> : Kendrick Room	Mini Life Coaching Session	Maribeth All	Everyone has a story; this workshop will allow participants to reflect and share their own story. The workshop will give participants the opportunity to define, create and plan the story they have dreamed their life could be (personal and professional). So many of us, especially women, forget about ourselves because we get caught up with taking care of everyone else. Most of us don't plan out our lives it kind of just happens. This will be a special time to assist in the creation or recreation of personal and professional goals.
<u>Drury</u> : McMillan Room	How to Utilize College Teaching Strategies to Improve Conference Presentations	Lindsey Dippold	We've been there – a conference presentation has an amazing abstract but the presentation is nothing what we expected. Or perhaps we agreed to present at a conference to build our resume, but just can't find an interesting way to present the material. Learn how you can utilize top teaching strategies to help your presentations be more effective, more engaging, and more enjoyable.

4:30 pm – 6pm

Networking Reception sponsored by Office of the President, NAU

Native American Cultural Center

Dinner on your own - meet new friends to network and relax!



Friday, June 20, 2014 – morning

7:30 am	Continental Breakfast
HCCC: Agassiz/Fremont Foyer	
8:15 am - 9:30 am	Guest Speaker
HCCC: Agassiz/Fremont	Regent LuAnn Leonard, Arizona Board of Regents

9:45 am – 10:45 am Concurrent Sessions

<u>Drury</u> : O'Leary Room	Applied Networking: A Hands- On Approach to Revive Your Skills	Lindsey Dippold	Networking is important in both your professional and community life to build relationships and accomplish major goals. This workshop covers details including handshakes, proper introductions, continuing conversations (and avoiding awkward silences), how to end conversations, and how best to follow-up after an event.
<u>Drury</u> : Kendrick Room	Work Smarter, Not Harder!	Gina Vance, Lacy Holt, Karen Flores, Ann Marie deWees	When we work <i>smarter</i> , not <i>harder</i> , we achieve greater personal and professional satisfaction. Participants will be provided an overview of the <i>Lean</i> philosophy and how to begin applying it to their work and personal life, immediately.
<u>Drury</u> : McMillan Room	<i>Getting Clear on "Yes" and "No"</i>	Jacqueline Freeman	"Yes." "No." How can such small words be so hard to say? How do they impact our ability to step into our purpose and passion? In this active workshop, you will gain clarity "Yes" and "No" so you can unpack the baggage you've been using to weigh them (and you) down and even bury them. Gain clarity, integrity, and authenticity so you can make better decisions and stand in your power.

11 am – 12 noon

Concurrent Sessions

Lunch

<u>Drury</u> : O'Leary Room	Daring Greatly: How to leave a legacy	Cassie Anderson	There are 2 roads in life one can take; that of greatness or mediocrity. What does it take to walk the path of greatness? There are 3 similarities those who achieve greatness all have in common. Come find out how to develop them, keep them, or get them back if you lost them.
<u>Drury</u> : Kendrick Room	First Generation Perspectives on Formal and Informal Mentoring: The Value of Connecting and Sustaining Relationships in Like-Minded Organizations	Becky Butcher, Jessica Fitchett	Systemic reductions in budgets have forced organizations to create lean operations and as a result many women in higher education are wearing multiple hats. People come into our lives for a reason – sometimes for a season and sometimes for a lifetime. Together, Jessica and I will explore creative ways to identify formal and informal mentoring opportunities.
<u>Drury</u> : McMillan Room	Yes, You Can! Personal Leadership Strategies to Rock Your Career!	Joy D'Angelo, Jennifer Rhodes	Poise yourself for professional opportunities in our interactive, skill- building session to rock your career! "Rev up" your personal empowerment gauge with: 1) Poising for career aspirations; 2) Discovering the "career buzz-kill" that may be holding you back; 3) Connecting with your personal mission; and 4) Drawing inspiration from "Take the Lead" event. Leave with an action plan and pep in your step.

12 noon – 1:30 pm HCCC: Agassiz/Fremont

Guest Speaker - NAU President Dr. John Haeger

Presentation of 2014 AWHE Woman of the Year Award